



YOUR DETAILS:

Title: _____ First name: _____ Last name: _____

Home Address: _____

_____ Postcode: _____

Email: _____ Daytime tel no: _____

Name badge first name: _____ Name badge last name: _____

Print your name on attendee list: Yes No

Please enter billing details if different from above:

Billing Address: _____

_____ Postcode: _____

Please indicate if you are a Birthlight member
(a Birthlight member is a Birthlight tutor or teacher
/trainee with their Membership fee current)

Please indicate if you are a 'Friend of Birthlight' I wish to become a 'Friend of Birthlight' - Cost £20

ATTENDANCE:

Please select attendance required, tick appropriate boxes:

Conference Day 1 - Full Day
Saturday 11 July 2009

If attending, please select your first and second preference for the afternoon workshop

Workshop		1 st Preference	2 nd Preference
A	Françoise Freedman <i>Yoga for conception and the first trimester</i>	<input type="checkbox"/>	<input type="checkbox"/>
B	Liese van Dam <i>Ayurveda principles in practice for nurturing mothers to be</i>	<input type="checkbox"/>	<input type="checkbox"/>
C	Barry Elms <i>Deep relaxation for pregnancy: an introduction to teaching Yoga Nidra</i>	<input type="checkbox"/>	<input type="checkbox"/>

Conference Day 1 - Sessions

ONLY complete if you are not attending the full conference day but wish to attend a session(s). The number of sessions is restricted to 2 per day. NOT applicable to Group Bookings.

10.00 – 11.15 am	Naomi Stadlen	<i>Making space for her baby</i>	
11.30 – 1.00 pm	Simon House	<i>Brain evolution, development and biochemistry</i> <i>Followed by an open discussion</i>	
2.00 – 4.00 pm	Françoise Freedman	<i>Yoga for conception and the first trimester</i>	
2.00 – 4.00 pm	Liese van Dam	<i>Ayurveda principles in practice for nurturing mothers to be</i>	
2.00 – 4.00 pm	Barry Elms	<i>Deep relaxation for pregnancy: an introduction to teaching Yoga Nidra</i>	

Conference Day 2 – Full Day

Sunday 12 July 2009

If attending, please select your first and second preference for the afternoon workshop

Workshop		1 st Preference	2 nd Preference
C	Martin Jones	<i>Holographic Breathing seminar one</i>	
D	Sally Lomas	<i>Sensitive teaching to awaken parent's intuition</i>	
E	Françoise Freedman and various Birthlight tutors	<i>Relaxed holds and basic rhythms</i>	

Conference Day 2 - Sessions

ONLY complete if you are not attending the full conference day but wish to attend a session(s). The number of sessions is restricted to 2 per day. NOT applicable to Group Bookings.

10.00 – 11.15 am	Vivette Glover	<i>The maternal emotional state during pregnancy: effects on the foetus and the child</i>	
11.30 – 1.00 pm	Michel Odent	<i>The needs for Primal Health Research</i> <i>Followed by an open discussion.</i>	
2.00 – 4.00 pm	Martin Jones	<i>Holographic Breathing seminar one</i>	
2.00 – 4.00 pm	Sally Lomas	<i>Sensitive teaching to awaken parent's intuition</i>	
2.00 – 4.00 pm	Françoise Freedman and various Birthlight tutors	<i>Relaxed holds and basic rhythms</i>	

Conference Fees (lunch included with full Conference day)

	One day	Two days	Per session *
BIRTHLIGHT MEMBERS			
Birthlight Members	£90	£160	£20
Group Bookings	£67.50	£120	n/a
NON-BIRTHLIGHT MEMBERS			
Non-Birthlight Members	£120	£190	£30
Group Bookings	£90	£142.50	n/a

* Maximum of 2 sessions per day – not applicable to Group bookings.

To qualify for the 'Group' discount, the individual application forms for four delegates must be sent together in one batch with payment to Birthlight. Group booking applications need to be received by 30 June 2009.

Total Costs

Conference Fees	
Become a Friend of Birthlight (£20)	
TOTAL	

You can pay via Cheque or Paypal.

Paypal Payment

If sending a Paypal payment, please send use the Paypal 'Send Money' option. The email address is conference@birthlight.com. Please include your name and address in the Message so that we can link the payment to your booking form. Details can be found on the Birthlight Conference website www.birthlightconference.com

Cheques should be made payable to 'Birthlight'

Please send form to:

Birthlight (Conference Booking)
PO Box 148
Cambridge
CB4 2GB